

Fremont County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- Obesity - Community awareness and public access to wellness center activities as well as financial resources.
Ineffective teenage social skills - Identify cause and relationship and provide resources/education to parents, students, community.
- Oral Health/Dentist/Fluoride in water
- Mental Health Treatment
- Cancer Education
- Cardiovascular Disease
- Teen Pregnancy

Prevent Injuries

Problems/Needs:

- Domestic Violence

Protect Against Environmental Hazards

Problems/Needs:

None identified

Prevent Epidemics and the Spread of Disease

Problems/Needs:

- Sexually Transmitted Diseases

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

None identified

Strengthen the Public Health Infrastructure

Problems/Needs:

- Lack of public transportation
- Lack of insurance availability for the general population

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
To reduce overall percentage of obesity in students grades 3-5	1) Obtain baseline weight/BMI	School Health Officials	Fall 2011
	2) Provide nutritional education	Local Public Health Schools Community Providers	Fall 2011/ongoing
	3) Increase the consumption of nutritious foods like fruits, vegetables, whole grains, and skim milk.	Local Public Health Schools Community Providers Parents	2011/2012 school year/ongoing
	4) Review school lunch menus	Local Public Health Schools	2011/2012 school year/ongoing
	5) Increase daily physical activity	Schools Parents	2011/2012 school year/ongoing
	6) Reduce the amount of time kids spend watching television, playing video games, and being on the Internet.	Parents	2011/2012 school year/ongoing

Goal	Strategies	Who is responsible?	When? (Timeline)
To increase social skills in teens grades 7 - 12	1) Obtain baseline knowledge of the underlying issues that teens are facing.	Local Public Health	beginning 7th grade 2011/2012 school year through graduation
	2) Provide activities that will teach teens how to interact in social situations.	Local Public Health Schools	2011/2012 school year/ongoing
	3) Develop and implement a county wide teen summit.	Local Public	2011/2012 school

		Health Schools Parents	year/ongoing
	4) Identify community resources for teens	Local Public Health Schools Parents	2011/2012 school year/ongoing